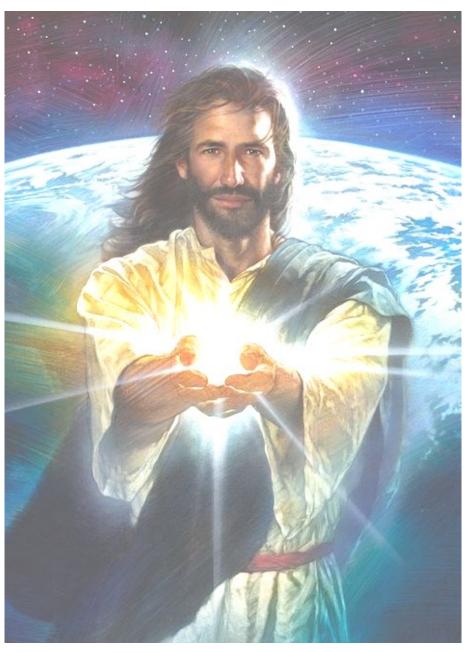
St. Timothy's Banner

Pentecost 2019



Acts 1:8 But you will receive power when the Holy Spirit comes on you; and you will be my witnesses....to the ends of the earth.





Acts 1:8 But you will receive power when the Holy Spirit comes on you; and you will be my witnesses...

ON RECEIVING MY POWER

By Do Fox

To receive the power of My Holy Spirit

You must be in alignment with My Will.

Such power is gentle, but mighty,

And is needed to do the work My Father desires.

Obstacles, such as self-will, fear, or doubt,

Can deflect the Holy flow of Life

That My Father sends into your heart.

Obedience and Love are bed fellows,

And have always been linked in scripture.

My Spirit is like a shower of Light

That gives clarity, boldness, and truth

To any situation that you will face.

It contains the seeds that grow

Into the true fruits of the Spirit.

My Spirit is what carries you

Into eternity, into everlasting life!

This is what I want you to share with others.

Come, and be filled with My Spirit,

And you will know the peace that passes understanding,

As you minister to others in My Name.

The Evidence

Tarry ye in the city of Jerusalem, until ye be endued with power from on high. — Luke 24:49

The disciples had to tarry until the day of Pentecost not for their own preparation only; they had to wait until the Lord was glorified historically. As soon as He was glorified, what happened? "Therefore being by the right hand of God exalted, and having received of the Father the promise of the Holy Ghost, He hath shed forth this, which ye now see and hear." The parenthesis in John 7:39 ("For the Holy Ghost was not yet given; because that Jesus was not yet glorified") does not apply to us;

the Holy Ghost has been given, the Lord is glorified; the waiting depends not on God's providence, but on our fitness.

The Holy Spirit's influence and power were at work before Pentecost, but He was not here. Immediately Our Lord was glorified in Ascension, the Holy Spirit came into this world, and He has been here ever since. We have to receive the revelation that He is here. The reception of the Holy Spirit is the maintained attitude of a believer. When we receive the



Holy Spirit, we receive quickening life from the ascended Lord.

It is not the baptism of the Holy Ghost which changes men, But the power of the ascended Christ coming into men's lives by the Holy Ghost that changes them. We too often divorce what the New Testament never divorces. The baptism of the Holy Ghost is not an experience apart from Jesus Christ: it is the evidence of the

ascended Christ. The baptism of the Holy Ghost does not make you think of Time or Eternity, it is one amazing glorious NOW. "This is life eternal that they might know Thee." Begin to know Him now, and finish never.

From Oswald Chambers,

"My Utmost for His Highest" May27 devotional

Submitted by Rev Dan Endresen



The High Priestly Prayer - John 17



By Deacon Alan Arnold

[all Bible quotes from English Standard Version]

Open your Bibles as we explore John 17-The High Priestly Prayer. Why is it often referred to by that name? In this prayer Jesus the Son intervenes with God the Father for himself, but more importantly for us, for his disciples and those who will follow Him because of their witness. Is this not what he is doing for us, his present disciples, on a continual basis? Hebrews 5:5–6 & Hebrews 4:14–16 describes Jesus as our High Priest in the order of Melchizedek, both King and Priest, intervening for us with the Father continually.

We ask ourselves, what is the context of this prayer (place, time in relation to His ministry)? Back in Chapter 13 Judas' intention to betray Jesus is revealed during the Last Supper and in verse 30, Judas departs to complete the treachery.

From 13:31- 16:33, (yes 3 chapters) Jesus gives His final teaching (the Word) for His disciples, reviewing previous lessons and preparing them for what is to come, before they depart for Gethsemane (18:1).

When you read the 17:1-26, you might recognize many of the phrases from throughout John's Gospel, but in particular chapters 13-16. Like a good preacher, Jesus asks the Father to fulfil the teachings of the Word in the lives of those "who have ears".

The Gospels record Him withdrawing many times to pray alone. Why this public prayer now? Remember, the disciples don't yet have the indwelling of the Holy Spirit. Jesus wants to encourage them to understand what He has just taught them, if not now then later, about leaving them, but not 'leaving' them. And in, 17: 11-12, He asks the Father to protect them in the power of His name as Jesus has done while in the world, as he faces the darkness of the cross.

Verse 13 "But now I am coming to you, and these things I speak in the world, that they may have my joy fulfilled in themselves." What an amazing statement. Jesus offers this pray in the presence of His disciples (and then us?) that they may participate in the joy He has with finishing (the cross and the resurrection) the work that the Father had given Him.

Let's explore some important words and their concepts that Our Lord expresses in His prayer.

^{17:1}When Jesus had spoken these words, he lifted up his eyes to heaven, and said, "Father, the hour has come; glorify your Son that the Son may glorify you, ² since you have given him authority over all flesh, to give eternal life to all whom you have given him. ³ And this is eternal life, that they know you, the only true God, and Jesus Christ whom you have sent. ⁴ I glorified you on earth, having accomplished the work that you gave me to do. ⁵ And now, Father, glorify me in your own presence with the glory that I had with you before the world existed.

John 6:37-40 All that the Father gives me will come to me, and whoever comesto me I will never cast out. For I have come down from heaven, not to do my own will but the will of him who sent me. And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day. For this is the will of my Father, that everyone who looks on the Son and believes in him should have eternal life, and I will raise him up on the last day."

Here we see 'eternal life' as 'knowing the only true God and Jesus Christ". There are many in the world that know of Jesus and /or God by name, or know about Jesus and/ or God in concepts of their own design. But Jesus states knowing God AND Jesus involves developing a relationship of trust (belief) and obedience based on that knowledge of the true God, Father and Son. John's Epistles show that he got the message. Jesus calls it being in Him and oneness with Him, but more on that later. Where do you stand?

1 John 224-25 Let what you heard from the beginning abide in you If what you heard from the beginning abides in you, then you too will abide in the Son and in the Father. And this is the promise that he made to us—eternal life.

1 John 5:19-20 We know that we are from God, and the whole world lies in the power of the evil one. And we know that the Son of God has come and has given us understanding so that we may know him who is true; and we are in him who is true, in his Son Jesus Ohrist. He is the true God and eternal life.

^{17:6} "I have manifested your name to the people whom you gave me out of the world. Yours they were, and you gave them to me, and they have kept your word. ⁷

Now they know that everything that you have given me is from you. ⁸ For I have given them the words that you gave me, and they have received them and have come to know in truth that I came from you; and they have believed that you sent me.

John 12:49-50 For I have not spoken on my own authority, but the Father who sent me has himself given me a commandment—what to say and what to speak. And I know that his commandment is eternal life. What I say, therefore, I say as the Father has told me."

John 16: 30 "Hs disciples said, "Ah, nowyou are speaking plainly and not using figurative speech! Now we know that you know all things and do not need anyone to question you, this is why we believe that you came from God."

"Knowing" is now expanded to not only accepting Christ for who he is, but also the words of the Father that Jesus gave to His disciples and us through them; and, He was sent by the Father, from somewhere (heavenly realm) to somewhere (the world).

Let's review so far:

- 1] Jesus existed, in Glory, before the world existed. He was sent from the heavenly realm to do God's will of reconciling sinners to their Creator. not just another good man with pretty good ideas to live by.
- 2] He wants us to not just know of or about Him, but have a relationship based on trust and obedience.
- 3] His teachings (Scripture) are trustworthy because they were given by the Father- not just man's ideas of a god, to be changed as and when desired.

Now we are going to skip around a bit, so follow closely.

^{17:9} I am praying for them. I am not praying for the world but for those whom you have given me, for they are yours. ¹⁰ All mine are yours, and yours are mine, and I am glorified in them. ¹¹ And I am no longer in the world, but they are in the world, and I am coming to you.

^{17:14} I have given them your word, and the world has hated them because they are not of the world, just as I am not of the world. ¹⁵ I do not ask that you take them out of the world, but that you keep them from the evil one. ¹⁶ They are not of the world, just as I am not of the world.

If the phrases 'in the world', 'of the world', 'out of the world' have your head spinning, you are not alone. Let's try to make some sense of them. Firstly, if we are not of the world, then where are we of (I know, terrible grammar). This is defining our citizenship, not our physical state, and if we have been born again, of the Spirit, then our citizenship is of the heavenly kingdom, just as is Christ.

Ephesians 219–21 Sothen you are no longer strangers and aliens, but you are fellow citizens with the saints and members of the household of God, built on the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone, ²¹ in whom the whole structure, being joined together, grows into a holy temple in the Lord

Now, if we look around, we can obviously agree with Jesus, that our feet are planted on this natural world. Put together, with the first part, we are currently living here but don't belong to the world system; we are aliens. Yet Our Lord asked that we not be removed from our present situation just yet. Yes, we will depart when he returns to gather us in the clouds, but in the meantime, we have work to do.

^{17:18} As you sent me into the world, so I have sent them into the world.

John 20:21–22 Jesus said to themagain, "Peace be with you As the Father has sent me, even so I am sending you." And when he had said this, he breathed on themand said to them "Receive the Holy Spirit.

a) Why was Jesus sent <u>into</u> the world? b) Why did Jesus send us <u>into</u> the world? c) the answers are actually the raison d'être for the current "Ambassador, who, me? study Sunday afternoons. You are welcome to join us.

ANSWERS:

All this is from God, a) who through Onrist reconciled us to himself and b) gave us the ministry of reconciliation; that is, a) in Onrist God was reconciling the world to himself, not counting their trespasses against them and b) entrusting to us the message of reconciliation. Therefore, c) we are ambassadors for Onrist, God making his appeal through us 2 Corinthians 5:18-20

Warning: this will cause the world system and its participants to hate us.

John 15:18-19 "If the world hates you, know that it has hated me before it hated you If you were of the world, the world would love you as its own; but because you are not of the world, but I chose you out of the world, therefore the world hates you

world, and I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, keep them in your name, which you have given me, that they may be one, even as we are one.

17:20 "I do not ask for these only, but also for those who will believe in me through their word, 21 that they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me.

^{17:22} The glory that you have given me I have given to them, that they may be one even as we are one, ²³ I in them and you in me, that they may become perfectly one, so that the world may know that you sent me and loved them even as you loved me.

John 14:18-20" I will not leave you as orphans; I will come to you Yet a little while and the world will see me no more, but you will see me. Because I live, you also will live. In that day you will know that I amin my Father; and you in me, and I in you

John 14:23 Jesus answered him "If anyone loves me, he will keep my word, and my Father will love him and we will come to him and make our home with him

Jesus is not talking about institutional unity here, but a unity among believers in the Spirit and through the Spirit [you were wondering where this article's Pentecost connection was, I bet] with God the Father and God the Son, our Lord and Savior. Denominations are human constructs but there are true disciples, who hold the precepts in the first section of the prayer to be true, spread through all of them.

In fact, those who cannot hold to those three precepts are forewarned:

John 12:47-48 If anyone hears my words and does not keep them I do not judge him for I did not come to judge the world but to save the world. The one who rejects me and does not receive my words has a judge; the word that I have spoken will judge himon the last day.

2 Corinthians 13:5-6 Examine yourselves, to see whether you are in the faith Test yourselves. Or do you not realize this about yourselves, that Jesus Christ is in you? —unless indeed you fail to meet the test! I hope you will find out that we have not failed the test.

And He closes in love:

²⁴ Father, I desire that they also, whom you have given me, may be with me where I am, to see my glory that you have given me because you loved me before the foundation of the world. ²⁵ O righteous Father, even though the world does not know you, I know you, and these know that you have sent me. ²⁶ I made known to them your name, and I will continue to make it known, that the love with which you have loved me may be in them, and I in them."

1 John 3:2 Beloved, we are God's children now, and what we will be has not yet appeared; but we know that when he appears, we shall be like him because we shall see himashe is

John 15:9-15 As the Father has loved me, so have I loved you Abide in my love. If you keep my commandments, you will abide inmy love, just as I have kept my Father's commandments and abide in his love. These things I have spoken to you, that my joy may be in you, and that your joy may be full. "This is my commandment, that you love one another as I have loved you. Greater love has no one than this, that someone lay down his life for his friends. You are my friends if you do what I command you. No longer do I call you servants, for the servant does not know what his master is doing but I have called you friends, for all that I have heard from my Father I have made known to you.









Jn. 1:12-13 Yet to all who received him, to those who believed in his name, he gave the right to become children of God – children born not of natural descent, nor of human decision or a husband's will, but born of God.

BORN OF GOD

By Do Fox

To be born of God Is to become part of the New Creation That I am bringing forth.

This means that inherited sin patterns,
Or wounds that can happen before or after birth,
Are subject to healing, as you bring them to Me.
To be born of God, is to be reborn

Into a deep freedom that is the new foundation Of your identity!

This is your true self, as My child. Dare to believe that old wounds Can haunt you no longer!

The natural no longer has authority over you As you realize the Truth that I am Your Father! Hold tightly to this Great Truth!

You are not your own!

You belong to Me, and there is no sin in Me. As you realize this, and own this Truth,

Pain and fear drop away.

Your vision is cleared,

And freedom, and empowerment, stretch before you.

A new reality unfolds, And together, We go forward Into the new creation that I am bringing forth!

LIFE AFTER RETIREMENT

BY Harn Yawnghwe



Have you ever wondered what you might do after you retire? We first met Hwee Keng from Malaysia at our church in Bangkok, Thailand, in the 1980s. After getting his PhD in Australia, Hwee returned to work for the Malaysian Government's Agricultural Research Development Institute for 38 years.

Keng and his wife Helen (school teacher) have have always been active in church, and he has authored two books. After retirement, Hwee Keng leads a weekly seniors Bible study and is serving as the administrator of MMK Malaysia which stands for Migrant Ministry Klang (name of a city) Malaysia, that ministers to migrants. There are 6 million migrants in Malaysia from Bangladesh, Cambodia, India, Indonesia, Myanmar, Nepal and Vietnam (20% of the population).

So, one would be forgiven for thinking that Hwee Keng and Helen are busy enough. But in 2014, they went to South Africa to attend a 6-week crosscultural mission course, and started taking short mission trips to Nepal with World Outreach. Then earthquakes measuring 7.8 and 7.3 on the Richter scale hit Nepal on 25 April and 12 May 2015. Hwee Keng and Helen got involved in helping out. During the



trips, Hwee Keng encountered a little Nepalese church where more than two dozen believers were worshipping in a cleaned-out chicken coop. After the earthquake, the chicken coop was offered by a local chicken farmer who was the first believer in the village of Belbass in Gorkha district. The farmer anticipated that the monsoon rains would arrive soon, and assumed that a cleaned-out chicken coop would be better for the church than the open air. Hwee Keng raised money to help the church and several

unemployed young men in Belbass with goats, to start goat farming. Otherwise, they had been contemplating going overseas on borrowed money to work. Hwee Keng and Helen also raised support for a school in Nuwakot district.

Then the worst flood in 13 years hit southern Nepal affecting millions and killing 128 people. Hwee Keng and Helen again raised funds to help more than 200 families. Not only that, they are today personally partially supporting financially a dozen missionaries/full time workers: three in Malaysia, two in Mozambique, one in South Africa, one in Thailand, one in Indonesia, and the rest in Nepal. So, one would say, that they are now doing more than enough.

But in 2018, Hwee Keng and Helen wrote: We are now responsible for the basic education of about 250 children in two schools. One is in Salme village in Nuwakot district (80 kids) near to the China border (number 1 on map) and the other is in Kussumkola in Chitwan near the India border (number 2 on map) where we sponsored 170 children of the Chepang tribe. Behind both schools we have the Pastor who is our local counterpart. He tries to influence and encourage pupils, parents and teachers.

I hope you have been as inspired as I have been by

this one retired Christian couple. They do not sit around feeling useless. Retired or not, they just continue serving the Lord. May He bless them richly and may the Lord lead you and give you wisdom as you contemplate your retirement either in the near or far future.





Poetry



THE BREATH OF GOD

By Myra Brooks Welch

The breath of God
Stirs to life the green and growing things
That sleep beneath the sod.
He breathes on me
And in each resurrected flower
The living Christ I see.

A LITTLE BIT OF HEAVEN

By Katharine Gordon Gobell

A little bit of heaven Comes earthward every day, And you will sense its presence When it comes along your way.

If your thoughts are pure and wholesome And your heart is full of love, And you're glad that you are living And that there's a God above.

A little bit of heaven
Can be seen the whole day throughFrom early dawn till nightfall
In the kind acts that we do.

Just an impulse put in action
To do something for man's good,
Adds another stone so noble
To the shrine of brotherhood.

A little bit of heaven Comes to us in song of bird, In the babbling brook's sweet music Or a kindly spoken word;

In a friendly smile or handclasp, Oh, how wonderful to know That a little bit of heaven Is sent to earth below!

LITTLE THINGS By Delores Henderson Nash

A crumpled bunch of violets In a chubby little fist, A tired mother gladdened with a sticky little kiss.

A golden batch of cookies and a streaming loaf of bread, A little note, a "get-well" card brought sunshine to a bed.

A cheery song, a sunny smile.
a friendly word or nod . . .
A prayer for someone who's lost
in a talk with them of God.
Submitted by Marion Parks



The Rainbow

By Do Fox

How deep the river of self-will That lurks within my heart, At times it surges forth to show It wants a larger part!

The rains that feed this river's depth Fall from a darkened sky, 'Till sunlight, from a higher source, Helps make the river dry.

A longing, deeper than my own Can tame this river's flow, The longing in my Father's eyes Will show me how to grow.

At first, a little step I'll take, My will, with His, being one, Then like a rainbow, peace will come That issues from the Son!

GOD'S WONDERFUL CREATION

By Harn Yawnghwe

GOD's WONDERFUL CREATION



Octopus

How many legs does an octopus have? The answer seems obvious. In Greek, *octopus* means eight feet. This is our conventional belief. But scientists have now found that, although all eight tentacles have the same capabilities, in actual fact, the octopus uses only two of its tentacles as legs for propulsion. The other six especially the two in front, are used as arms for exploration and catching prey.



Shark

Who would argue if we said that sharks are carnivorous? Again, scientists have found that the bonnet head shark, especially the juveniles, eat seagrass. Analysis show 62% of their stomach content is made up of plant material. *Florence*, a captive nurse shark in the UK, eats only broccoli, cabbage and other greens since recovering from an injury from a fishhook. She is not suffering from her diet but thriving.



Zebra

Why does the zebra have stripes? The conventional wisdom is that the stripes are to camouflage the zebra from predators when it is standing in tall grass. Scientists have now found that, actually, predators like lions cannot even see the stripes from a distance (humans can). So, the idea that a zebra's stripes are its camouflage against predators is not valid. Nobody as yet knows why zebras have stripes – only God the Creator does.



Humour



Here are some resume bloopers. Read carefully or they could blow by you, as they did the writers. (The recipient's comments in brackets.)

- "Worked party-time as an office assistant." (A highly sought –after position.)
- " I am entirely through in my work; no detail gets by me." (We can think of one.)
- * "Typing speed of 40-50 rpm." (Start your engines.)

Sometimes bloopers aren't typos. Sometimes they are information best left unshared.

- "Reason for leaving: I did not have enough leisure time,"
- "I'm a hard worker: but don't do well with 'change', such as mergers, acquisitions, downsizing, relocations and new phone systems".
- * Prefer to work alone in maximum privacy".
- "Objective: To learn new skills and gain training which will help me develop my new business."
- "I can type 50 words a minute, and when pushed, can type 55 words a minute". (When shoved, can you type 60?)

\$ \$ \$ \$ \$

Job interview

Reaching the end of a job interview, the human resources person asked a young engineer fresh out of MIT, "And what starting salary were you looking for?"

The engineer said, "In the neighbourhood of \$125,000 a year, depending on the benefit package."

The interviewer said, "Well what would you say to a package of 5-weeks vacation, 14 paid holidays, full medical and dental, company matching retirement funds, up to 50% of salary, and a company car leased every 2 years.—say a red Corvette?"

The engineer sat up straight and said, "Wow! Are you kidding?"

And the interviewer replied, "Yes, but you started it."

In Heaven!

A man appeared before St. Peter at the pearly gates. "Have you ever done anything of particular merit?" St. Peter asked.

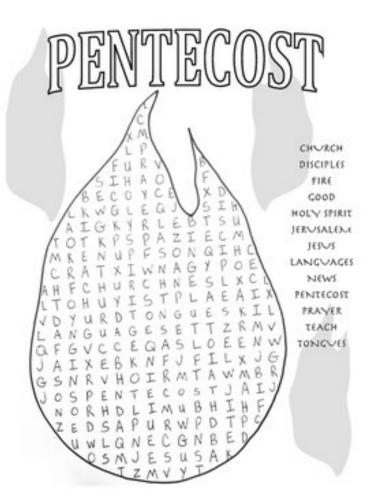
Well, I can think of one thing", the man offered. "On a trip to the Black Hills out in South Dakota, I came upon a gang of high testosterone bikers, who were threatening a young woman.

I directed them to leave her alone, but they wouldn't listen. "So, I approached the largest and most heavily tattooed biker and smacked him on the head, kicked his bike over, ripped out his nose ring, and threw it on the ground". I yelled, "Now back off!! Or you'll answer to me!

St. Peter was impressed: "When did this happen?"

"Just a couple of minutes age."

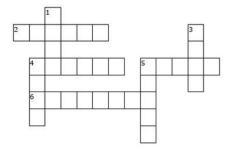
Submitted by Larry Leach



The Day of Pentecost

All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability. Acts 2:4 (NIV) Based on Acts 2:1-21





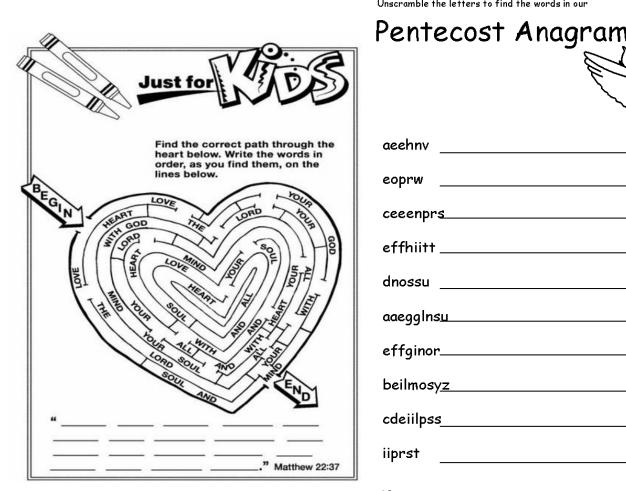
ACROSS

- 2. A being that cannot be seen, like a ghost
- 4. The place where God lives
- 5. Something that can be heard
- 6. Means of communication used by the people of a particular

- 1. A destructive burning
- 3. Blowing air, especially that which would move the leaves on
- 4. Something that is pure and good, such as God's Word
- 5. To say words, to use the voice

LANGUAGE FIRE HOLY WIND	

Unscramble the letters to find the words in our



aeehnv _	
eoprw _	
ceeenprs	3
effhiitt .	
dnossu _	
aaegglnsi	u
effginor.	
beilmosy <u></u>	Z
cdeiilpss	
iiprst	

ACTIVITY PAGE

MATCH THAT NUMBER

By reading the Bible passage and then doing the arithmetic called for in each numbered step, you should arrive at the correct final number, which is shown at the end of the list of steps. Can you match that number?

Your starting number is 100. 100

- 1. How many days went by between the evening of the "first day of the week" and the next time Jesus appeared to His disciples? (John 20:26) **Add** this number to your starting number.
- 2. How many fish did the disciples catch when Jesus told them where to cast their nets? (John 21:11). **Add** this number to your total so far.
- 3. How many times did Jesus ask Peter, "Do you love me?" (John 21:15-17.) **Divide** your total so far by this number.
- 4. For how many days after the Resurrection did Jesus appear to His apostles? (Acts 1:13) **Subtract** this number from your total so far.
- 5. How many men in white robes stood by the apostles as Jesus ascended to heaven? (Acts 1:10) **Multiply** your total so far by this number.
- 6. How many apostles were gathered in Jerusalem after Jesus ascended to His Father? (Acts 1:3) **Subtract** this number from your total so far.
- 7. How many men were suggested to replace Judas as one of the apostles? (Acts 1:23). **Multi-ply** your total so far by this number.
- 8. How many people, or "souls", were baptized on Pentecost? (Acts 2: 41.) **Add** this number to your total so far. You're done!

Your final number should be 3166. Did you match that number?

Church Picnic

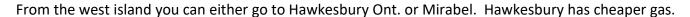
Where: Lake Slavery (Lac des Esclaves)

When: Saturday, July 27, 2019

Why: To enjoy nature and each other.

How: By car or carpool.

Driving Directions to Fox Cottages



Hawkesbury route. Take the Trans Canada, Autoroute 40, and travel west. Proceed into Ontario and take the exit for Hawkesbury. Route 17. When approaching Hawkesbury, turn right on Tupper St. (Quality Inn on the corner). At the end of the road, turn left. Turn right at the first traffic lights towards the bridge to Quebec, and proceed across the river. Continue straight ahead, across highway 148 and on to Autoroute 50. Go east (right), then exit at sortie 252. Continue with common route below.

OR

The route through Mirabel. Take Autoroute 13 north and then make a right turn on Autoroute 640. (east) Switch on to Autoroute 15 north. Take exit 35 and go west on Autoroute 50. Get off at exit 252. Continue with common route.

Common route. From exit 252 proceed north to Brownsburg. Drive straight through the town and you will be on highway 327. Proceed on 327, past the Carling Lake Golf Club and Hotel. About 5 minutes past the golf club turn left on Harrington Road. At the stop sign, turn right onto White Acres road. From the stop sign it is 0.8 kilometers to Chemin du Lac des Esclaves. Proceed on this road for about 2 km. Turn in at our driveway (Fox—Lighthall). Numbers 180, 184.

OR

Kilmar route. The Kilmar road is now passable, although certainly not smooth, if you should want to take it. Follow the Hawkesbury route to autoroute 50 where you turn left, west. At the next exit, Kilmar road turn right and continue to the T junction. Turn right and proceed to the White acre road. (The stop sign) turn left and follow common route instructions.

For GPS navigation the address is 180 Chemin du Lac des Esclaves, Harrington, QC, Canada.

Telephone: 819 242 0767 (Local call from Hawkesbury and Lachute)